

CHILDREN'S YOGA

Ages 5-7

Children will develop body awareness and coordination through different yoga poses, breathing exercises, visual imagery and relaxation techniques.

Instructor: Natalie Backman

Wednesday

3:30-4:30pm

January 25-March 22

City Hall,

Backstage Theater Room

\$180/\$170 sibling

\$22/class

310.317.1364

malibucity.org/register

