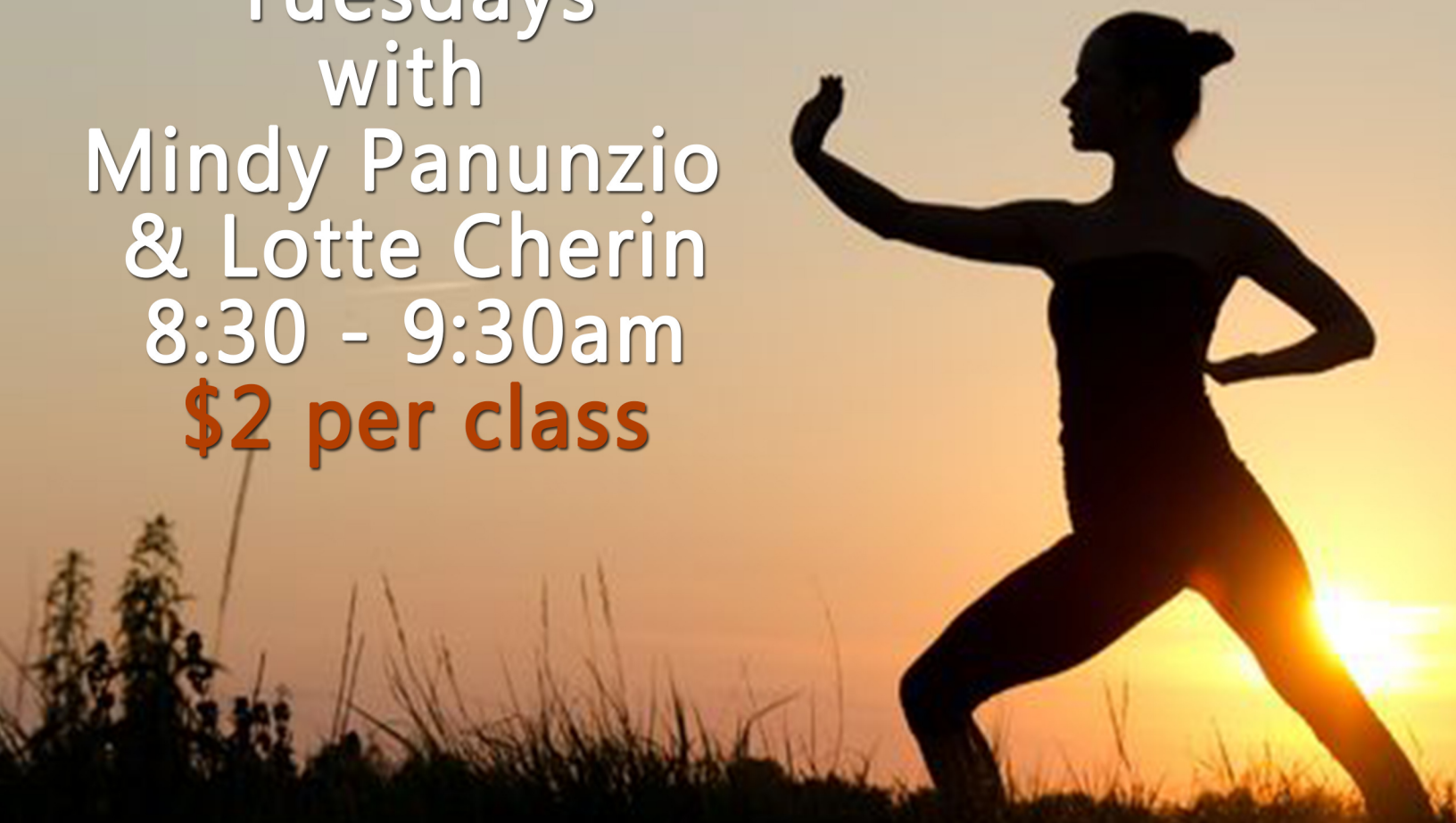
TAI CHI & Health Exercises

Michael Landon Center at Malibu Bluffs Park

Tuesdays
with
Mindy Panunzio
& Lotte Cherin
8:30 - 9:30am
$2 per class



Tai Chi incorporating slow graceful body movements for overall well-being.

malibucity.org
310.317.1364