City of Malibu, Community Services Department

AQUA AEROBICS

Ages 18+ | $5 per class
Saturdays | 9:15 - 10 AM
September 26 - November 14
***No class 10/24 and 10/31**
Malibu Community Pool

Jump into aqua aerobics to build cardiovascular fitness and strength. Aqua aerobics is a blend of cardio and resistance training in a low impact format.

310.317.1364
MalibuCity.org/Aquatics

